

# APRIL 2019

## Laurens Central School

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> Assorted Cereal Chicken Tenders French Fries Carrots Soup/Salad w/Chic Peas or Sandwich	<b>2</b> Bacon and Cheese Breakfast Frittata Soft or Hard Shelled Tacos Refried Beans Soup/Salad w/Chic Peas or Sandwich	<b>3</b> French Toast Sticks Macaroni & Cheese Breadstick Green Beans Soup/Salad w/Chic Peas or Sandwich	<b>4</b> Pancakes w/Bacon Chicken Cordon Bleu Wrap Brussel Sprouts Soup/Salad w/Chic Peas or Sandwich	<b>5</b> Oatmeal w/Brown Sugar Assorted Pizza Romaine and Spinach Salad Soup/Salad w/Chic Peas or Sandwich
<b>8</b> Assorted Cereal Chicen Patty Tator Tots Broccoli Soup/Salad w/Chic Peas or Sandwich	<b>9</b> Sausage, Egg & Cheese Burrito Tuna Casserole Peas Roll Assorted Wraps Soup/Salad w/Chic Peas	<b>10</b> Breakfast on a Stick Ultimate Chicken Bowl Dinner Roll Soup/Salad w/Chic Peas or Sandwich	<b>11</b> Breakfast Biscuit Sandwich Swedish Meatballs Pasta Beets Soup/Salad w/Chic Peas or Sandwich	<b>12</b> Scrambled Eggs w/Cheese & Hash Browns Assorted Pizza Rolls Romaine and Spinach Salad Soup/Salad w/Chic Peas or Sandwich
<b>15</b>	<b>16</b> <b>SPRING BREAK</b>			<b>19</b>
<b>22</b> Assorted Cereal Chicken Quesadillas Corn Soup/Salad w/Chic Peas or Sandwich	<b>23</b> Chocolate Chip Pancakes Vegetable Lasagna Breadstick Soup/Salad w/Chic Peas or Sandwich	<b>24</b> Sausage Biscuit & Gravy Ham/Cheeseburger French Fries Cauliflower Soup/Salad w/Chic Peas or Sandwich	<b>25</b> Breakfast Pizza Hot Turkey Snadwich Mash Potatoes Butternut Squash Soup/Salad w/Chic Peas or Sandwich	<b>26</b> Pancakes w/Sausage Assorted Pizza Romaine and Spinach Salad Soup/Salad w/Chic Peas or Sandwich
<b>29</b> Assorted cereal Grilled Cheese Tomato Soup Salad w/Chic Peas or Sandwich	<b>30</b> Assorted Muffins Yogurt Oven Baked Chicken Mash Potatoes Green Beans Soup/Salad w/Chic Peas or Sandwich	<b>DID YOU KNOW...</b> April is named after the Greek goddess of love, Aphrodite. In the Roman calendar, the fourth month April is spelled Aprilis, meaning "to open." Festivals which were planned for April included Parrilla, a day celebrating the founding of Rome.		

Breakfast K-3	\$1.80
Breakfast 4-12	\$1.95
Lunch K-3	\$2.05
Lunch 4-12	\$2.30

Breakfast must include 3 items and one must be a fruit and/or juice

- Items Available
- Main Entrée
  - Assorted Cereal
  - Bagels
  - Toast
  - Fruit
  - Juice
  - Milk

Lunch must include 3 items and one must be a fruit and/or vegetable

- Other Lunch Options
- Salad Plates
  - Assorted Wraps
  - Fruit Smoothies
  - Cottage Cheese
  - Fruit
  - Crackers

Yogurt Plate which includes: 4 oz yogurt with cheese stick and whole wheat roll

Fresh Veggies includes celery, carrot sticks and red peppers

- Milk
- 1% White
- Skim White or Chocolate

### APRIL SPECIAL SALAD PLATES

USDA is an equal opportunity provider and employer