

Parent/Guardian Expectations

1. Support your child and attend as many contests as possible.
2. Avoid putting pressure on your child to start, score, or be the “star” of the team.
3. Support the coach in public around other parents and fans.
4. Avoid speaking negatively about the coach in front of your child. It may create a major barrier in your child’s hope for improvement in the sport.
5. Understand the ultimate purpose of athletics. It exists as an integral part of the total educational mission of the school, and participation in athletics is a privilege, not a right.
6. Serve as good role models for the students, athletes and other fans.
7. Contribute as members of the Athletic Booster Club. This means volunteering to help with projects, committees, and the concession stand.
8. Appreciate the opportunity that your child is receiving in our athletic program. This includes the enormous time and effort provided by the coach.
9. Attend the annual pre-season meeting and read the Athletic Handbook thoroughly.
10. Follow the chain of command at Laurens Central School when you have a concern. (Coach – Athletic Director – Building Principal – Superintendent – Board of Education)
11. Express concerns and questions in a courteous and civil manner, and do it at the right time and in the proper setting. Voicing concerns on any form of social media is not the proper setting.
12. At no time is it acceptable for a parent to voice a concern or question a coach immediately before, during or immediately following a game. Call the main office to schedule an appointment to discuss concerns.
13. Parents are NOT to enter dugouts or move to designated “player” areas at any time immediately before, during or immediately following a game.
14. Avoid constant and chronic complaining. Keep all such comments to yourself. You are only embarrassing yourself, your child, our school and other parents by constant and chronic negativity.
15. At no time is it acceptable to touch, verbally assault, swear, or demean any player or coach.
16. Serve as beacons of good sportsmanship.
17. Show respect to everyone involved in high school athletics – the coach, athletes, fans, officials and administrators.
18. Understand that the goals of the team and athletic program are more important than the hopes and dreams you have for your child. There is no “I” in “Team.”

It is expected that parents will abide by all school policies, regulations, and procedures for our athletic program. Failure to do so will result in repercussions, such as, but not limited to, removal from the athletic contest, removal from all LCS contests, and/or removal from school property, which can be permanent.

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I. ATHLETIC PARTICIPATION RULES

Athletics at Laurens Central School is a privilege and not a right and therefore participants must maintain this privilege in order to continue in interscholastic sports:

- A. To be a good athlete, one must have self-discipline and be willing to make sacrifices. The strength of a team lies in its oneness and the willingness of its members to give of themselves to their teammates.
- B. To promote the observance of good sportsmanship in all athletic contests, an athlete must be a humble winner and a gracious loser. Unsportsmanlike conduct during practices or games, or insubordination will result in disciplinary action at the discretion of the coach(s), Administration, and/or Athletic Director.
- C. Athletes are subject to all rules outlined in the Student Handbook, in addition to the rules outlined in the Athletic Handbook.
- D. Any/all consequences for discipline, academic or extracurricular, will take precedence over participation in extracurricular activities (i.e. - detentions will not be scheduled around games).
- E. Athletes who are on In-School Suspension or Out-of-School Suspension are not allowed to attend or participate in any athletic events or practice.
- F. Any athlete, whose general behavior, conduct and attitude at any time or any place becomes a discredit to his/her team or school, may be suspended from athletic participation. This may include inappropriate use of social media. (Length of suspension to be determined by the coach and Athletic Director, with final approval by the Administration.)
- G. If removed from a team, the player must return all equipment within one (1) week of the suspension date.
- H. Any athlete who violates any of the Athletic Training Rules will not receive any type of interscholastic athletic award for that sport.
- I. All violations of the Athletic Training Rules will be cumulative for the student's entire athletic participation eligibility.
- J. A student may appeal the disciplinary action to the Athletic Director. The Athletic Director and the Administration will review this appeal and a final, binding decision will be made. If a meeting is held, all involved school personnel, plus Administration, may be asked to attend.
- K. Violations will be reported to the advisors of the National Junior and Senior Honor Society.

II. ATHLETIC TRAINING RULES

- A. TEAM MEMBERS CANNOT PARTICIPATE IN THE FOLLOWING AT ANY TIME:
1. The use, possession or sale of alcoholic beverages under any circumstances.
 2. The use, possession or sale of tobacco in any form. This includes all forms of electronic cigarettes and smoking inhaling devices.
 3. Misuse or abuse of non-controlled substances in any form.
 4. Be at a location where any of the above takes place. In other words, even if you do not participate in one of the above infractions but are at an event where it takes place, you will be subject to these rules.
 5. Athletes will not frequent locations where they are likely to violate the above training rules or where alcohol, tobacco and/or any non-controlled substance is being illegally served to minors.
 6. Any athlete who violates the above Training Rules (A 1-5) while participating in an interscholastic athletic program will be subject to the following:

- a. **FIRST VIOLATION** - the athlete will be suspended from all team athletics, scheduled practices, games or matches of the regular season for a minimum of 30 calendar days. Students whose violations include alcohol and/or drug use will be referred to the Substance Abuse Prevention Program for evaluation and education. The student's parents will be notified of the violation.

If the violation occurs with less than 30 calendar days of the regular season remaining or during post-season play, the suspension will carry on through post-season play.

When a suspension continues during a subsequent sport season where tryouts occur, the student will be allowed to participate in tryouts. At the conclusion of tryouts, the remaining suspension days will be completed. Tryout days are not counted in the suspension.

When a student has been suspended, a letter will be sent to the parents and the student explaining the reinstatement procedure.

- b. **SECOND VIOLATION** - the athlete will be suspended from all athletics for one full year from the date of the infraction. The athlete will be referred to the Substance Abuse Program for evaluation, education and possible counseling. Again, the athlete must successfully complete the treatment recommended in order to return to athletic participation.
- c. **THIRD VIOLATION** - the student will no longer be allowed to play on any athletic team representing the Laurens Central School District.
- d. All violations of any training rules will be cumulative for the student's entire athletic participation eligibility.
- e. Athletes will not frequent locations where they are likely to violate the above training rules.

- B. **TEAM MEMBERS CANNOT PARTICIPATE IN THE FOLLOWING AT ANY TIME:**
1. Use, possession, or sale of a controlled substance in any form, including synthetic Cannabinoids.
 2. Use, possession, or sale of drug paraphernalia in any form.
 3. Be at a location where any of the above takes place. In other words, even if you do not participate in one of the above infractions but are at a event where it takes place, you will be subject to these rules.
 4. Athletes will not frequent locations where they are likely to violate the above training rules or where controlled substances are being illegally served to minors.
 5. Any athlete who violates the Training Rules (B 1-4) while participating in an interscholastic athletic program will be subject to the following:
 - a. **FIRST VIOLATION** - the athlete will be suspended for the remainder of the sport season during which the violation occurred or 60 calendar days, whichever is longer.
 - b. **SECOND VIOLATION** - the athlete will be suspended from all athletics for the remainder of their eligible period at Laurens Central School.
 6. The School District reserves the right to call Local Law Enforcement agencies for all such violations.

III. ADDITIONAL ATHLETIC PARTICIPATION RULES

- A. All participants are to ride to and from athletic events on the bus.
1. For competitions, participants will leave from the school and will be brought back to the school. (Students will not be dropped off at houses on the way home. They will be brought to the school).
 2. For practices, directly after school, participants will leave from the school and parents are encouraged to pick their child up at the practice site.
- B. The only exception to this would be students returning after a game/contest and would be permitted if the following process is followed:
1. The student athlete, prior to or at the game/contest, must present to the coach in charge a signed request from his/her parent/guardian, which must be pre-approved by the administration. (Students will not be allowed to drive/ride to or from events with other students, an adult must be present).
 2. After the game/contest, the student athlete can only be released by the coach to their parents/guardian. The parent must sign the coach's release form.
 3. Extenuating circumstances must be approved in writing by the Administration prior to release by the coach.
- C. Any athlete who steals or knowingly does not hand in any uniform or equipment will be disciplined. This may take the form of suspension from athletics. Such suspension will be reviewed by the Athletic Director and Superintendent. All sports uniforms must be returned within one week after the completion of each sports season. If the uniform is not returned within the prescribed time limits, then the student will forfeit participation in all extra-curricular activities (including sports) and his/her report card will be withheld until the uniform

or money, payment for lost uniform, is received. Should the athlete turn in a damaged uniform, the same consequences will apply. If an athlete has not turned in their uniform from one season, they will not be able to start practicing for the next season.

- D. Any athlete determined guilty of theft or money or other valuables from our own or other schools' locker rooms will be immediately suspended from athletics for the remainder of the season. Such athlete may be prosecuted to the full extent of the law. This policy is intended to include any uniforms or equipment belonging to other schools.
- E. Presentation of gifts to coaches from squad members and sports teams should be carefully considered. Any gift considered should be appropriate and in good taste.
- F. To be a good representative of our school, an athlete must learn to conduct himself/herself in accepted social practices, such as proper attire, honest and integrity. The coach/advisor will provide the proper guidelines.

1. DRESS GUIDELINES FOR ALL GAMES

- a. Each member of the boys' team and coaching staff are to wear a shirt and tie to all games. Exception will be made when the uniform is normal travel dress.
 - b. Each member of the girls' team and coaching staff should wear appropriate attire as determined by their coach and is within the dress code, found in the Student Handbook.
 - c. Remember you are a representative of the Laurens Central School and your conduct and appearance should always be in good taste.
- G. The coach is responsible for the conduct of his team at all times. Each coach should emphasize respect for other teams and facilities. Teams should be reminded as often as necessary that they are representatives of the Laurens Central School.
 - H. The criteria for good sportsmanship is found in the Appendix C.

IV. HEALTH EXAMINATION

- A. A student who engages in interschool competition shall receive an adequate health examination and may not practice or participate without the approval of the school medical officer. Medical examinations may be scheduled at any time during the school year and may be valid for a period of twelve consecutive months, except for a student absent from school for five or more consecutive days, as a result of an injury. Such students must be re-qualified by the school physician before returning to competition. All approvals shall indicate the activities permitted.
- B. Before participation in each sports season, the school nurse will review the pupil's attendance record and interview the pupil to update their health history.
 - 1. All pupils shall have a health history interview prior to the start of the try-out practice session at the beginning of each season, unless the student receives a full medical examination within the immediately preceding thirty days.

2. Any pupil whose participation is in question, as a result of the health history interview, an injury, or prolonged absence, must be re-qualified by the physician prior to participation.

V. LAURENS CENTRAL SCHOOL CONCUSSION MANAGEMENT POLICY:

The State of New York has mandated that all school districts develop a Concussion Management Policy. A copy of the policy is included as Appendix D. The policy will be reviewed annually with all parents, guardians and athletes. The District will be following all Bassett School-Based Health Zone protocols and procedures.

VI. DRESS GUIDELINES FOR PHYSICAL EDUCATION CLASS

1. All students who participate in extracurricular athletics must understand that the athletic program is an extension of the Physical Education curriculum. Therefore, all students who participate in athletics are required to dress for and fully participate in Physical Education class. Students who do not dress for Physical Education class will not be allowed to practice or participate in a game that same day. Exceptions to this rule will be as follows:
 - (a) Students in grades 10-12 who, due to scheduling conflicts, are using athletics to meet the state requirements for Physical Education class; students must have both parent and teacher permission and have the proper forms on file with the Guidance Office.
 - (b) Extenuating Circumstances at the discretion of the Physical Education teacher.

VII. SPORTS/PHYSICAL EDUCATION (Grades 10, 11, 12 Only)

Sports/P.E. is for students that are participating in a sport at Laurens Central School and who have a scheduling conflict between an academic class and physical education classes. In this situation, a student may be allowed to waive their physical education requirement while participating on a sports team. The student must be in grades 10-12, participating on a Junior Varsity or Varsity sports team, and have a scheduling conflict with an academic course to waive their physical education requirement.

The following sports will allow a waiver for certain quarters of the academic school year:

Soccer	1 st quarter	Softball/Baseball	4th quarter
Basketball	2 nd & 3 rd quarter	Track	4th quarter
Color Guard	2 nd & 3 rd quarter		
Indoor Track	2 nd & 3 rd quarter		

Students will be required to return to physical education when the quarter has ended. Arrangements will be made through the physical education department for students to add/delete physical education into their schedule. If a student does not finish the season they will be required to return to physical education immediately regardless of the scheduling conflict.

Copies of the form (Appendix D) must be kept on file in both the Guidance Office and Physical Education Office.

VIII. ELIGIBILITY RULES

All Athletes must adhere to the rules of eligibility and participation set by:
NYSPHSAA
Laurens Central School District
Section IV
Tri-Valley Association

IX. ELIGIBILITY POLICY FOR EXTRACURRICULAR ACTIVITIES GRADES 7-12

1. PHILOSOPHY OF EXTRACURRICULAR ACTIVITIES

“Students wanting to enjoy the rights and privileges of Laurens Central School extracurricular activities are encouraged to work at a higher level of achievement.”

2. CRITERIA FOR INELIGIBILITY

- A. To remain eligible one must be a “bona-fide” student. The student must be taking at least six courses or the equivalent. (Exceptions are for Seniors taking college courses and work release. Also, Learning Disabled Students).
- B. Students must be in school by 8:10 AM (8:05 plus A5) each day and remain in school to be eligible to participate in any extracurricular activity that day. A student who is late to school by more than 5 minutes may not participate in extracurricular activities that day unless they have official documentation from the doctor/lawyer/DMV, etc. indicating why they missed school. A note from the parent is not sufficient. The only exceptions are those considered legal absences from school and seniors qualifying for “Senior Privilege” regarding arrival at school.

Senior Privilege—Any senior with a study hall scheduled for 1st period will not be required to be in school until 8:52 am. Qualifying seniors must:

- a) Be in class by 8:52 am to participate in any extracurricular activity. There will be no A5 added to this time.
- b) Have parent permission for this privilege.

This privilege can be removed by the administration at anytime.

- C. The time frame for reporting will be every two weeks.
- D. If a student is reported failing one course, the student will be confined to study hall according to Section C.
- E. If a student is reported failing two or more courses, the student will be ineligible to participate in extracurricular activities according to Section C. This applies to students taking courses at BOCES. Students failing a CTE program at BOCES will be ineligible to participate until they are passing.
- F. Students will not be dropped from a team due to academic ineligibility, but students must realize that missed practices and/or games may lead to loss of starting positions, playing time and/or eligibility to receive a JV or Varsity letter.

3. ADMINISTRATION OF ELIGIBILITY POLICY

- A. At the end of each two week reporting period all teachers will report all failing grades to the Eligibility Chairman.
- B. The Eligibility Chairman will prepare a list showing all students who are failing and the course(s) failing. The Chairman will then give a copy to teachers, and notify parents/guardians of a student on the list. The student will also receive notification of

the courses they are failing in writing and must keep this form for the two week period or until they are passing the courses in question.

- C. Students failing one course will lose study hall privileges. Students must do school work and work by themselves. Students will be allowed to leave a study hall ONLY with a pre-signed pass from a teacher of the course they are failing to go to that classroom teacher or the library as long as they need to use library resources for the class they are failing.
- D. Students failing two or more courses will remain ineligible until they are passing all courses except one. To do this, the student must:
 - 1. Have the student notification form signed by the teacher whose course is in question.
 - 2. Return signed form to the Eligibility Chairman.
 - 3. Obtain a form from the Eligibility Chairman to show student is passing course.
 - 4. If a signed form is not returned, student remains ineligible until his/her name is no longer reported for failing two or more courses.
 - 5. Ineligible students may attend and participate in regularly scheduled practice but may not participate in or dress for any contest, game or activity.
 - 6. Ineligible students may not attend or participate in any class or club meetings.

4. CONSEQUENCES

- A. A student failing 3 or more courses will not be allowed to participate in any extracurricular event, including practice.
- B. Students failing 2 courses may practice but may not:
 - 1. Participate or dress for any contest, game or activity.
 - 2. Participate or attend any extracurricular activity, including class/club meetings.
 - 3. Ride to/return from a contest or activity with the group (team) on school sponsored transportation.
 - 4. Sit with the group (team) during an activity or contest.
 - 5. Does not have study hall or lunch recess privileges.
- C. Students failing one course may practice and participate in all extracurricular activities, but do not have study hall or lunch recess privileges.
- D. A student who participates in an event when they should not because they are ineligible, will miss the first scheduled event when they become eligible.

X. VARSITY AND JUNIOR VARSITY REQUIREMENTS

You are eligible if:

- A. you are a High School student in regular attendance in grades 9, 10, 11, or 12.
- B. you are between entry into 9th grade and the student's 19th birthday.
- C. your parents and school doctor approve.
- D. you meet the standards of the NYSED Athletic Placement Process - a policy adopted by the Laurens Board of Education permitting students in Grade 7 and 8 to play Varsity and/or Junior Varsity athletics.
- E. you enrolled during the first 15 days of the current semester.
- F. two weeks have passed since transferring from another school.

- G. beginning the season in which the student enters Grade 9 for four consecutive seasons.
- H. you have not violated the all-star rule.
- I. you have not played or practiced with a college team.
- J. you are an amateur, having never used your athletic skill for monetary gain, and if you have never competed under an assumed name.
- K. you are familiar with the rules of the game and the standards of sportsmanship.
- L. all students who are involved in interscholastic athletics abide by Section 4 and State Education Department policies.

XI. MODIFIED REQUIREMENTS

You are eligible if:

- A. you are a student in grades 7, 8, or 9 (7 & 8 for basketball)
- B. you are between entry into 7th grade and the student's 16th birthday
- C. your parents and school doctor approve.
- D. you enrolled during the first 15 days of the current semester.
- E. you have not played or practiced with a college team
- F. you are an amateur, having never used your athletic skill for monetary gain, and if you have never competed under an assumed name.
- G. you are familiar with the rules of the game and the standards of sportsmanship.
- H. all students who are involved in interscholastic athletics abide by Section 4 and State Education Department policies.
- I. At the modified level, all students who maintain their academic eligibility and practice on a regular basis will play.

XII. LOCKS/LOCKERS

Since the Physical Education classes and interscholastic teams are using the same facilities, the following regulations on locks will apply to both.

- A. Each student will be issued a locker in the Locker Room.
- B. No glass bottles are permitted in the Locker Room or on the bus.

XIII. LOCKER SECURITY

- A. Students are responsible for maintaining their own security in their lockers.

- B. When the lock is issued, only the individual student should know the combination.
- C. The students must keep the locker locked at all times that he/she is not in the immediate vicinity.
- D. It is extremely difficult to recover stolen property, so the student must be aware of what valuables he/she has and properly secure them at all times.

XIV. STUDENT MANAGERS

Student Managers can be of great help in the operation of an athletic program. The following suggestions are listed in the selection of these individuals.

- A. A number of boys and/or girls in school are interested in sports but not from a competitive point of view. The coach of the activity should encourage school students to act as managers of that sport.
- B. Student managers must comply with and are subject to all rules and regulations as established for athletes. This includes attendance at practices and games, and the Academic Eligibility Policy.
- C. The coach assigns the manager jobs and other responsibilities, which must be carried out for all practices and all games, both home and away.
- D. Many students, including students in 5th and 6th grades ask to be student managers. (No student below the 5th grade may serve as a student manager.) The coach should use these boys/girls for the first few weeks of the season and select the ones he/she will need. His/her selection should be based on willingness to work, reliability, enthusiasm, school citizenship, the ability to handle the extra load, the geographic closeness to school, and parental permission. (Parental Permission: A parent must attend the Annual Meeting held to review the Athletic Handbook and complete all permission forms as do parents of student athletes.)
- E. Student Managers may earn credit towards a manager award/certificate. This does not count as credit toward a Varsity Jacket.

XV. INSURANCE

- A. All school injuries **MUST** be reported to your coach and/or the School Nurse immediately or not more than twenty-four hours after the occurrence of the accident. The Coach must fill out an Accident Report and submit it to the School Nurse.
- B. PARENTS/GUARDIANS:
 - 1. Parents/Guardians must use their own insurance before they file a claim with the school's insurance company.
 - 2. For claiming bills which were not covered by the parent's medical insurance, the following procedure should be followed:
 - a. You must secure a Claim Form from the School Nurse.

- b. The top part of the Claim Form must be completed by the School Nurse.
- c. The bottom part of the Claim Form must be filled out by the doctor or hospital to which you owe money.
- d. The back of the Claim Form must be filled out by a parent or guardian.
- e. The completed Claim Form must be returned to the School Nurse who will send it into the school insurance carrier.
- f. If the claim is allowed, a check for all or part of the claim will be sent to the School Nurse who will forward the check to you. It will be the parent/guardian's responsibility to forward payment to the doctor or hospital.
- g. Laurens Central School cannot pay bills in any other manner.

C. CATASTROPHIC INSURANCE

- 1. The school district will provide this coverage for students involved in interscholastic athletics if available and financially feasible.
- 2. This plan of insurance contractually provides benefits for the total care of a catastrophically injured and disabled interscholastic activities participant for the rest of his/her life.
- 3. The plan is designed to provide for complete medical needs arising from interscholastic participation injury for the rest of the disabled students life.
- 4. This includes, but is not limited to, the cost of hospital, doctors, medicines, rehabilitation to accommodate the disabled student, alterations to vehicles to transport the disabled student, and lost wages.

XVI. ATTENDANCE AT PRACTICES

- A. To develop a sense of responsibility to one's self and others, it is important for an athlete to have regular attendance at practice. Practice develops skills, physical fitness and the endurance necessary for a successful team. All athletes must be in school by 8:10 am (8:05 plus A5) and remain in school to participate in practices or games that day. (Refer to addition information on page 9)
- B. **UNEXCUSED ABSENCES**
 - 1. **FIRST** Unexcused Absence - The participant will be counseled by the coach and will be allowed to return to the team.
 - 2. **SECOND** Unexcused Absence - The participant will not be allowed to participate in the next regularly scheduled interscholastic contest.
 - 3. **THIRD** Unexcused Absence - The participant will be suspended for the remainder of that particular sport season.
 - 4. Students will not be dropped from a team due to academic ineligibility, but students must realize that missed practice and/or game may lead to loss of starting positions and/or playing time.

C. **EXCUSED ABSENCES**

1. Only legal absences from school will be accepted as Excused Absences from practice. (Work is not an excused absence)
2. If a player is unable to inform the coach ahead of time about an excused absence, he/she must bring a note signed by the parent/guardian to the coach regarding the absence prior to the next practice or game.
3. If a player misses a practice due to an appointment (doctor, dentist, etc.), a written note must be provided by that same appointment provider.
4. Detention, In-School Suspension and Out-of-School Suspension will be considered excused practices; however, students must realize that missed practices will lead to loss of play time and/or loss of starting positions.

- D. These rules serve as a minimum requirement. Coaches may have more strict rules regarding attendance at practices. The rules must be in writing and handed out to every athlete at the beginning of the sport season for which the coach is responsible.

XVII. ATTENDANCE AT ATHLETIC CONTESTS

- A. Attendance at all athletic contests for which the student is a member of the team is mandatory.

B. **EXCUSED ABSENCE**

1. Absences which are permitted as legal absences from regular school will be accepted as an excused absence from contest. This includes in-school suspension and out-of-school suspension; however students must realize that missed games due to in-school-suspension and out-of-school suspension will result in loss of playing time and/or starting positions. In addition, this will also have an effect on whether or not a student meets the requirements for earning JV or Varsity letters.
2. Extenuating circumstances at the discretion of the coach, and in consultation with the Director of Athletics.

- C. **UNEXCUSED ABSENCE** - The student will be suspended for the remainder of that particular sport season.

- D. These rules serve as a minimum requirement. Coaches may have more strict rules regarding attendance at contests. The rules must be in writing and handed out to every athlete at the beginning of the sport season for which the coach is responsible.

XVIII. PRACTICE SCHEDULES

- A. Fall Sports – Soccer Practice begins at approximately 3:15 PM and ends at approximately 5:30 PM
- B. Winter Sports - The exact times of practice will be determined by the availability of facilities as determined by the Athletic Director/Administration.
- C. Spring Sports – Practice begins at approximately 3:15 PM and ends at approximately 5:30 PM.
- D. Coaches will provide practice and game schedules to all athletes.
- E. Parents are to pick up their children at their practice location whenever possible.

XIX. AWARDS

An athlete will receive the appropriate award for participation in a sport as long as they have successfully completed the entire season for that same sport. Criteria for successful completion of a season are as follows:

- A. The athlete had no violations of the Athletic Participation Rules, as outlined in the Athletic Handbook, that caused the athlete to lose their award for a sport.
- B. The athlete participated for the entire season, including post season play.
- C. The athlete has received no long-term suspensions from the team.
- D. Coaches will have discretion in awarding letters or certificates of participation to students missing significant portions of the season due to academic ineligibility, attendance, and/or injuries/illness. Students must have participated in at least one athletic competition to qualify for a JV or Varsity letter for that sport season.
- E. Interscholastic athletic participants who do not receive a Varsity or Junior Varsity letter will receive a participation certificate.
- F. Students will receive only one varsity letter and one JV letter during their athletic career. After receiving the letter, the athlete will receive pins.
- G. The student must be present at the awards banquet/program to receive his/her athletic award. The banquet is **tentatively** scheduled for the first Monday in June, which is **June 7, 2020**.
- H. If a student is absent from the awards banquet they or their parent may submit a note to the Superintendent or the Building Principal outlining the reason for the absence. Only legal absences from school will be considered as a legal absence from the Awards Banquet. A student missing the Awards Banquet for a legal absence may receive their awards. Absences due to extenuating circumstances will be reviewed by an Awards Committee made up of school administrators and coaches. Decisions made by the committee will be final.

Varsity Letter Awards

- 1. Soccer
- 2. Basketball
- 3. Baseball
- 4. Softball
- 5. Indoor/ Outdoor Track and Field

Junior Varsity Letter Awards

- 1. Modified Boys and Girls Soccer (9th graders only)
- 2. Basketball
- 3. Modified Baseball (9th graders only)
- 4. Modified Softball (9th graders only)
- 5. Indoor/ Outdoor Track and Field

Modified Programs (Receive Certificate of Participation)

- 1. Soccer
- 2. Basketball
- 3. Indoor / Outdoor Track and Field
- 4. Baseball
- 5. Softball

REQUIREMENTS TO EARN A VARSITY AWARD JACKET

1. All athletes must have earned seven (7) varsity letters/pins.
2. Jackets will be awarded to only Juniors and Seniors at the Annual Awards Banquet at the end of the school year. A student may earn only one jacket.
3. Once Seniors meet the requirement, they may receive their jacket.

XX. MISCELLANEOUS

- A. Practices may be on Saturdays and/or Sundays due to gym availability.
- B. All athletic participants are responsible for and subject to the rules of the NYSPHSAA Handbook.

C. SPORTS MEETINGS

1. There will be a meeting of all sports participants and at least one parent/guardian prior to the beginning of each school year. Additional meetings will be held prior to each sport season as needed. Students involved in more than one interscholastic athletic sport need attend only one meeting per school year. Attendance is mandatory on the part of both student and parent/guardian. Students not attending this meeting cannot participate in athletics until such requirement has been met.

2. The agenda for these meetings will be:
 - a. Review the Student Athletic Handbook
 - b. Sign the following forms-
 - (1) Participation in Athletics:
 - granting acknowledgment of having reviewed and understood the Athletic Handbook
 - granting student participation in athletics
 - granting blanket transportation permission by school district transportation
 - (2) Acknowledgment of Risk
 - (3) Medical Treatment Form
 - (4) Blue Medical Update Form

APPENDICES

90% ATTENDANCE REGULAR SCHOOL A

SPORTSMANSHIP..... B

SPORTS/PHYSICAL EDUCATION WAIVER FORM..... C

CONCUSSION MANAGEMENT POLICY D

PARENTAL PERMISSION/MEDICAL TREATMENT FORM..... E

APPENDIX A

Re: 90% Attendance Regular School

When a student has in excess of 10% absences at the end of a ten week marking period, he/she is subject to the following conditions:

1. Immediate suspension from participation in any athletic programs for the next 20 school days.
 - a. If, at the end of that time (20 school days), the student has attained a 90% regular school attendance record, then the student will be made eligible for participation in Athletics.
 - b. If, however, the student has not attained the 90% regular school attendance record within the 20 days following the suspension, then the student will not be able to participate in athletics until the end of the next ten week marking period.
2. After a student has earned eligibility (having had 90% attendance record at regular school the preceding 20 school days) he/she is then granted probationary status. This means the following:
 - a. The student is a probationary participant in athletics.
 - b. The student must maintain a 90% attendance record at regular school for the next 20 school days. If the student attains that condition, at the end of the 20 days, the student is granted regular status.
 - c. If, however, during the probationary period of time the student does not maintain a 90% attendance record at regular school, the student becomes ineligible for athletic participation and is suspended from athletic participation until his/her accumulative regular school attendance is 90% in a ten week marking period.

APPENDIX B

SPORTSMANSHIP

Spectator behavior in interscholastic sport contests continues to be of concern to school administrators and Boards of Education. In the past, there has been an increase in inappropriate cheers and vocal attacks on officials' decisions. Contests at all levels are effected in varying degrees. However, because of the closeness of a gym and the size of crowds, the intensity of unruly behavior surfaces most noticeably during basketball. Continuance of detrimental behavior on the part of the spectators can only affect the athletic program negatively. Crowd behavior, therefore, is not a singular responsibility, but a common effort by all parties involved.

Good sportsmanship in the form of wholesome spectator behavior and player conduct is necessary to good school spirit. To this end, the following guidelines and recommendations have been developed.

- A. **Alcohol/Illicit Drugs/Synthetic Cannabinoids/Misuse of Legal Drugs** - Use, possession, or sale of these will not be allowed at athletic contests. Students in possession of, under the influence of, or involved in the act of selling the previously mentioned substances will be referred to the administration and the school discipline policy will be followed. Other spectators will be required to leave school property. Police authorities may be called.
- B. **Supervision of Younger Students** - Students through the 6th grade level will not be admitted to athletic events unless accompanied by a parent or responsible adult. Booster Club members should not have to monitor students at athletic events.
- C. **Abusiveness Towards Coaches and Officials** - Abusiveness towards coaches and officials is unacceptable behavior. Accept the decisions of the game officials as final.
- D. **Unsportsmanlike Cheers and Obscenities** - Unsportsmanlike cheers and obscenities will not be tolerated. Cheerleaders have selected cheers which encourage positive spectator participation.
- E. **Timers and Scorers** - Only experienced timers and scorers will be used at athletic events.
- F. **Signs and Posters** - Only supportive signs and posters in good taste will be permitted.
- G. **Spectators**
 - 1. Spectators will be expected to conduct themselves in an orderly manner.
 - 2. Spectators will be expected to cooperate with the cheerleaders. Obscene group cheers will not be tolerated.
 - 3. Spectators will be expected to cooperate with requests made by the public address announcer, Director of Athletics and/or the Administration in charge.
 - 4. **Rules of Conduct for Spectators**
 - a. As a spectator, you represent your school as much as any team member.
 - b. The good name of your school is worth more than winning the game.
 - c. Learn the rules of the game so you can be an intelligent spectator.

- d. Support your team enthusiastically, but with consideration and respect for the opponents.
- e. Be considerate of your fellow spectators. Remain in your bleacher area until the game is finished.
- f. Spectators who do not cooperate with the person(s) in charge at an interscholastic athletic event may be asked to leave that event.

H. **CHAPERONES AND SUPERVISORS**

1. Chaperones for games will have a “Duties and Responsibilities List”.
2. The authority of the chaperones will be made known to the students.

I. **ATHLETES**

1. As competitors, athletes will be expected to adhere to the appropriate and accepted decorum.
2. Athletes will not use gestures indicating a dislike of an official’s decision.
3. Athletes who set a poor example of sportsmanship and/or citizenship will be disciplined in accordance with the provisions of the Student Athletic Handbook.

J. **COACHES**

1. Coaches will make sure all players know the rules of the sport.
2. Coaches must recognize that their actions and gestures can affect the behavior of the spectators.
3. Coaches will discipline athletes who set a poor example of sportsmanship.

**THOSE WHO FAIL TO ABIDE BY THE GUIDELINES WILL
BE DEALT WITH ACCORDING TO ESTABLISHED PRACTICE**

APPENDIX C

LAURENS CENTRAL SCHOOL

SPORTS/PHYSICAL EDUCATION

WAIVER FORM

GRADES 10, 11, 12 ONLY

Sports/PE is for students that are participating in a sport at Laurens Central School and have a scheduling conflict between an academic class and a physical education class. In this situation a student may be allowed to waive their physical education requirement while participating on a sports team. The student must be in grades 10-12, participating on a Junior Varsity or Varsity sports team, and have a scheduling conflict with an academic course to be allowed to waive their physical education requirements.

The following sports will allow a waiver for certain quarters of the academic school year:

Soccer	1 st quarter
Basketball	2 nd & 3 rd quarter
Color guard	2 nd & 3 rd quarter
Indoor Track & Field	2 nd & 3 rd quarter
Softball/Baseball	4 th quarter
Track & Field	4 th quarter

Students will be required to return to physical education when the quarter has ended. Arrangements will be made through the physical education department for students to add/delete physical education into their schedule. If a student does not finish the season they will be required to return to physical education immediately, regardless of the scheduling conflict.

Copies of this form must be kept on file in both the Guidance Office and Physical Education Office.

Sport/Quarter: _____

Parent Signature

Date

Student Signature

Date

APPENDIX D

APPENDIX E

LAURENS CENTRAL SCHOOL LAURENS, NEW YORK

PARENTAL PERMISSION/MEDICAL TREATMENT FORM FOR PARTICIPATION IN EXTRACURRICULAR ATHLETICS

In order for a student to participate in the Extracurricular Athletic Program at Laurens Central School it is important that all parents and athletes agree with each of the following:

1. Athletic Handbook

It is important that all athletes and their parents receive a copy of the Athletic Handbook, and read and understand the rules and regulations for participation in athletics. By signing this form athletes and parents agree to the following:

- a. I have received and read the Laurens Central School Athletic Handbook, and fully understand the rules and regulations for participation in the Extracurricular Athletic Program at Laurens Central School, including the expectations for parents/guardians of athletes.
- b. Athletes are required to follow all of the rules and regulations outlined in the handbook to participate in the Extracurricular Athletic Program at Laurens Central School.
- c. All athletes will be subject to the consequences associated with any violations of the rules and regulations outlined in the athletic handbook.

2. Acknowledgement of Risk

By signing this form athletes and parents realize there is a possibility that an athlete may suffer severe injury, including permanent paralysis or death, as a result of participating in athletic activities.

3. Emergency Medical Attention

It is important that all athletes and parents understand that medical emergencies may arise through participation in extracurricular athletics. The school district/coaching staff will make every effort to contact parents in order to obtain specific authorization before any treatment or hospitalization is undertaken. By signing this form parents grant permission to a physician or other hospital personnel designated by the Laurens Central School Coaching Staff to attend to their son or daughter in the event of an emergency requiring medical attention.

4. Medication Permission Form

There are times when an athlete is required to take prescribed medications while traveling, competing, performing or acting in other roles as a member of an Extracurricular Athletic Program of Laurens Central School. By signing this form parents acknowledge that they have:

- a. Supplied their child with the appropriate medications
- b. Listed the specific drug and dosage on this form
- c. Absolved the school district and school staff of any responsibility for assurance that the medication was self administered
- d. Understand that the staff of the Laurens Central School will attest that said drugs were self administered.

Name of Athlete: (please print)

Signature of Athlete

Name of Parent: (please print)

Signature of Parent

Date

Athletes date of birth (mo./day/year)

Parents Home Phone: _____

Parents Work Phone: _____

Parents Cell Phone: _____

Emergency Contact: _____

Relationship to Athlete: _____

Emergency Contact Phone: _____

Emergency Contact Cell: _____

Home Address: _____

List of Medications: _____

Dosage: _____

Prescribed by: _____

Allergies to medications: _____

Other medical conditions that a doctor or emergency room personnel need to be aware of:

