

SAMPLE INDIVIDUALIZED HEALTHCARE PLAN

Student Name: Jane Jones Date of Birth: 1/1/98 Grade: 4

Primary Health Concern: Food Allergy: Peanuts and Peanut Products

Secondary Health Concern(s): Asthma

Risk for Anaphylactic Reaction due to Exposure to Peanuts or Peanut Products

Nursing Diagnoses:

Ineffective breathing pattern related to: inflammation of airway, bronchospasm
(NANDA 0032)

Effective therapeutic regimen related to school management of food allergy care
(NANDA 00082)

Action Items:

- Assist Jane to recognize symptoms of an allergic reaction and encourage her to access appropriate care and medications when needed.
- Assist Jane to become independent in identifying foods that may contain allergens, initiate personal strategies for avoiding allergens, and react with intention in the event of exposure to an allergen as appropriate.
 - Assist Jane in understanding administration and action of medications needed for treatment in an emergent situation.
- Communicate with parent/guardian to obtain a complete health history for Jane and to assist in developing plans for Jane's care at school.
- Collaborate with faculty and staff to provide appropriate guidance in creating a safe classroom and school environment to minimize the risk of exposure to peanuts and peanut products.
 - Provide faculty with presentation related to peanut allergy management.
- Develop emergency protocols (and initiate care as needed) that include:
 - Accessing emergency care at school, as well as EMS as needed.
 - Medication protocols (including orders from healthcare provider)
 - Instruct staff in epinephrine administration as appropriate.
 - Emergency Care Plan that outlines emergency care to school staff, including teachers, support staff, food service staff, custodial staff, transportation staff
 - Address specific issues that may be present for field trips and other educational activities that occur at an off campus location.

Anticipated Results:

Jane will avoid exposure to allergens at school and not experience difficulties breathing.

Jane will be treated appropriately and without delay in the event of an allergic reaction.

Jane will understand her allergy and be an active participant in her management and care.