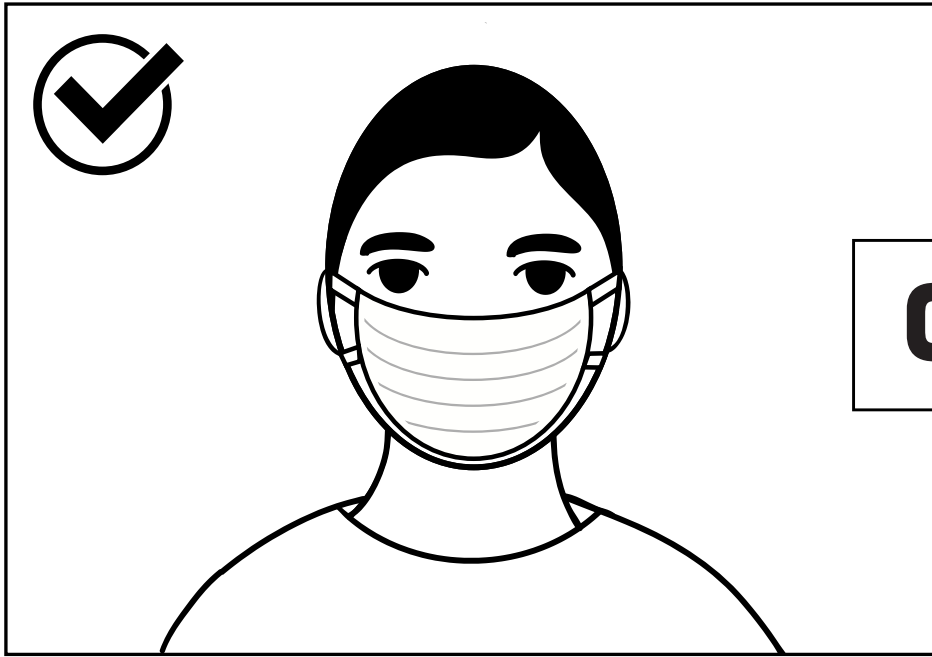


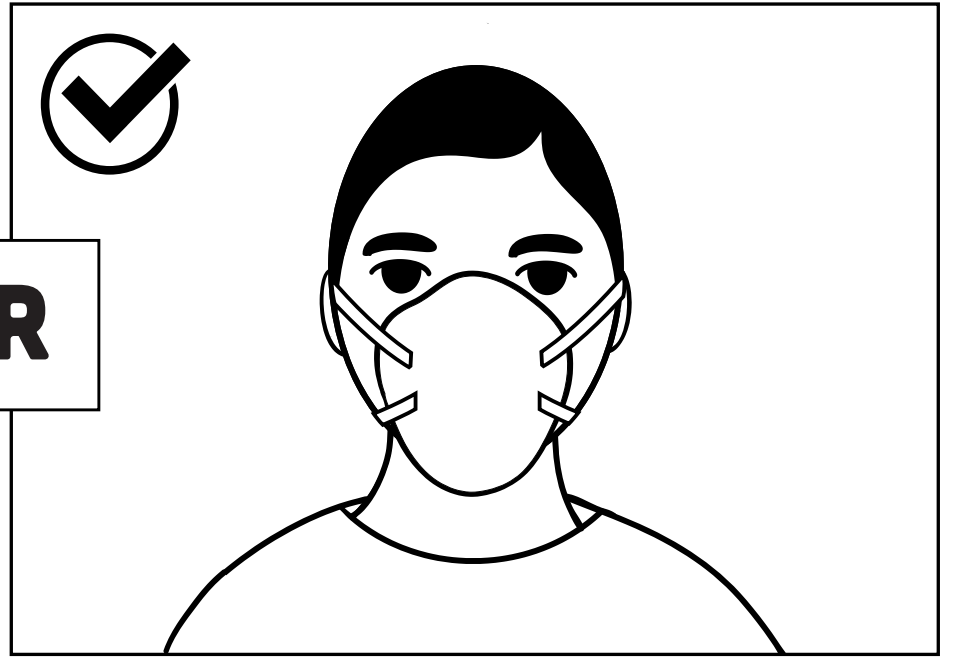
# MASK UP

How to safely wear and store your mask to protect yourself and your community

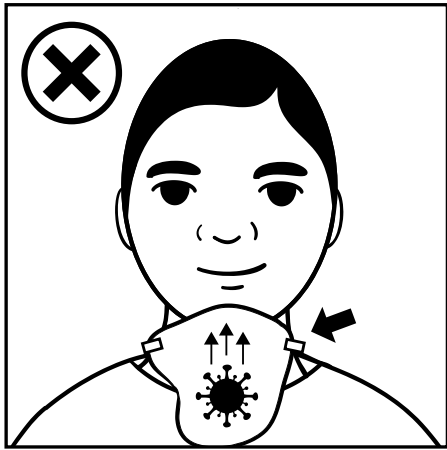
## WEARING YOUR MASK



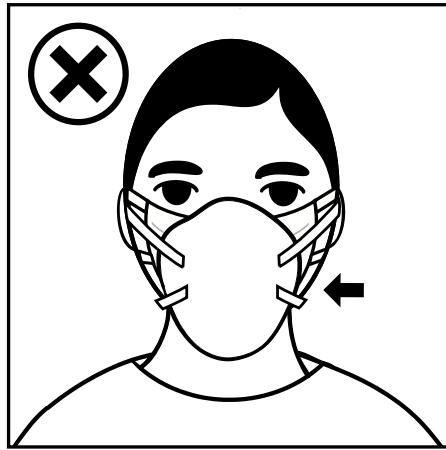
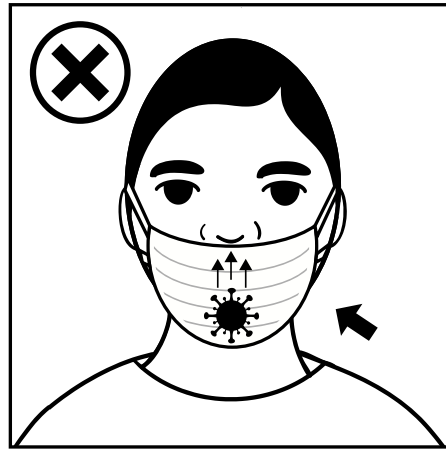
**DO** clean your hands & put on your facemask so it fully covers your nose & mouth.



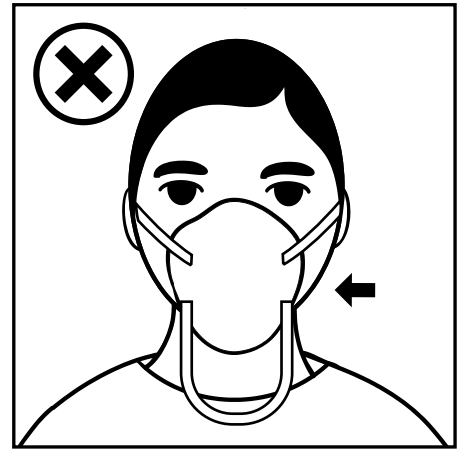
**DO** clean your hands & put on your N95\*. Put the lower strap on first below your ears & the upper strap above your ears. Don't cross the straps.



**DON'T** wear your mask under your nose or mouth - you won't get the protection you need and you might breathe in the germs that have collected on the mask.



**DON'T** put a facemask on under your N95.

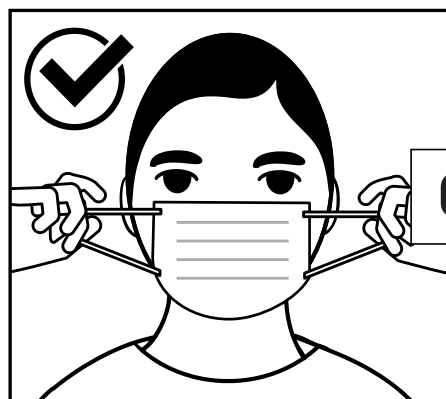


**DON'T** allow a strap to hang down.

## REMOVING AND STORING YOUR MASK



**DO** leave patient care area, then clean your hands with alcohol-based sanitizer or soap & water.



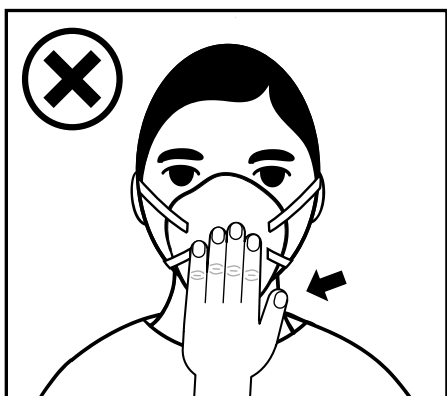
**DO** remove your facemask touching ONLY the straps.



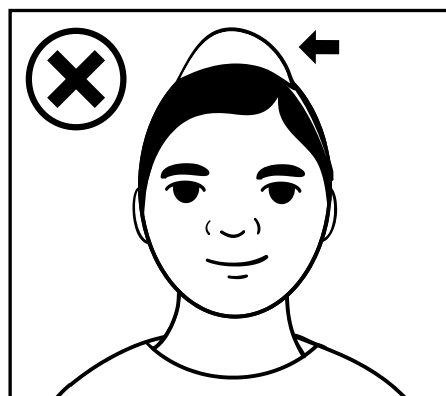
**DO** remove your N95 touching ONLY the straps. Remove the bottom strap first, and then the top strap.



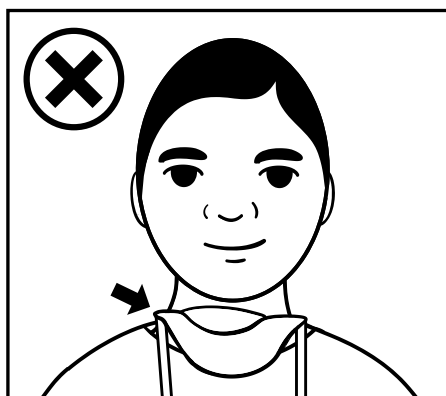
**DO** discard your mask & clean your hands. Or if you must store your mask, place it in a bag with your name on it.



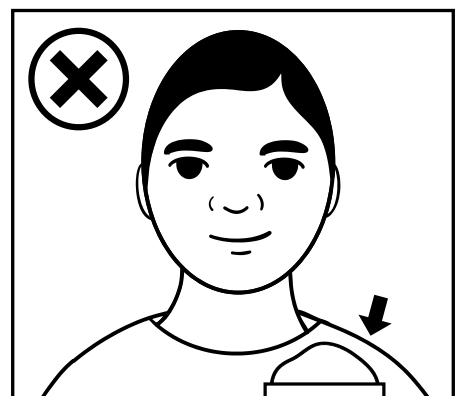
**DON'T** touch your mask while using it or removing it.



**DON'T** store your mask on your head.



**DON'T** store your mask around your neck



**DON'T** store your mask in your pocket.