

# Laurens Central School

"A Community Center"  
P.O. BOX 301  
LAURENS, NEW YORK 13796  
TELEPHONE (607) 432-2050

September 2020

Dear Laurens Community,

Hello and Welcome back!! We are excited about this upcoming school year. It is important that we are patient and flexible during this hardship. This year will look a little different as we are starting the year virtually and re-entering the building under the COVID-19 health and safety regulations. Our hope this year is that we stay connected. This may mean communication through the phone, email, Zoom and even your virtual classrooms. As school counselors we work to deliver a comprehensive and developmental program that addresses the social, career and academic needs of every student. School Counselors deliver services to support student success in three ways:

1. School guidance curriculum that addresses student career, social, and academic needs.
2. Individual student planning that helps students to plan, monitor, and manage their own learning.
3. Responsive Services such as individual counseling, small group counseling, community referral, and crisis intervention.

We have included a link to the new guidance department website that provides information about School Counseling at the Elementary and Secondary levels. The website also includes materials on Yoga, Meditation and Mindfulness, and social-emotional learning. Additionally, community resources are available on the website. We hope that the guidance department website will be a great resource for families to stay connected to the guidance office! We look forward to having you back in the building as soon as it is safe.

<https://sites.google.com/laurencs.org/schoolcounseling/home>

Sincerely,

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